## HOT TOPICS

Join us in person for 2024-25!

# NAVIGATING THE TEEN YEARS: We are in this together

Helping parents and caregivers of teens connect!

So your teen just rolled their eyes at you for the 100th time today? Yeah, we've been there, too. Welcome to the wonderful, chaotic world of parenting teens - where your negotiation skills are tested daily and Wi-Fi passwords are your only leverage! Join us for a parenting forum about strategies for successfully navigating the teen years.

We can't promise to make your teen less moody... but we can promise some laughs and plenty of "me too" moments.

## Thursday, Oct. 24, 2024 • 6:30-8 p.m.

#### **PRESENTERS:**

Rebekah Pedersen, LPC, Behavioral Health Therapist,
Alcona Health Center, Petoskey High School
and
Christine Carpenter, LMSW Health Department
of Northwest Michigan

### LOCATION:

Petoskey Middle School Media Center

Open to parents, caregivers & community.

On-site child care provided from 6:30-8:30 p.m. If transportation is a barrier, contact Christine at (231) 347-5326. Please RSVP also if child care is needed.

Presented by Petoskey Public Schools, Emmet County Probate and Family Court, Alcona Health Center, and the Health Department of Northwest Michigan. Questions? Call (231) 347-5326 or (231) 412-6456.